

**Dementia
Friendly
Surrey**

DEMENTIA FRIENDLY SURREY

LIZ TRACEY

WHAT CARERS AND PEOPLE WITH DEMENTIA HAVE TOLD US THEY WANT

Affordable, welcoming and stimulating support groups and informal one-to-one support.

Opportunities to remain active and contribute to their community.

Greater public awareness.

Improvements to facilities and the physical environment such as dedicated parking bays for carers and more accessible toilets and changing rooms.



BECOMING DEMENTIA FRIENDLY MEANS...



HOW DO WE GET THERE?

Dementia Friendly Surrey Champions:
-working to become more dementia-friendly,
-encouraging others to do the same.



TRAINING

- Free of charge training for community groups, businesses, and other organisations.
- Understanding more about dementia, the challenges it brings and how we can help people with dementia in our community.
- Small businesses and national/global organisations such as Sainsbury's, Nationwide, NatWest and Barclays interested in training staff.



INNOVATION FUND

Bids for up to £5000.

Closing date 30 September

Dementia
friendly
gardens

Arts classes
for people with
early onset/ in
early stages

IT and cookery
classes –
partnership
between care
home and
voluntary sector

Life story and
reminiscence
projects

Information
sessions with
BME
populations

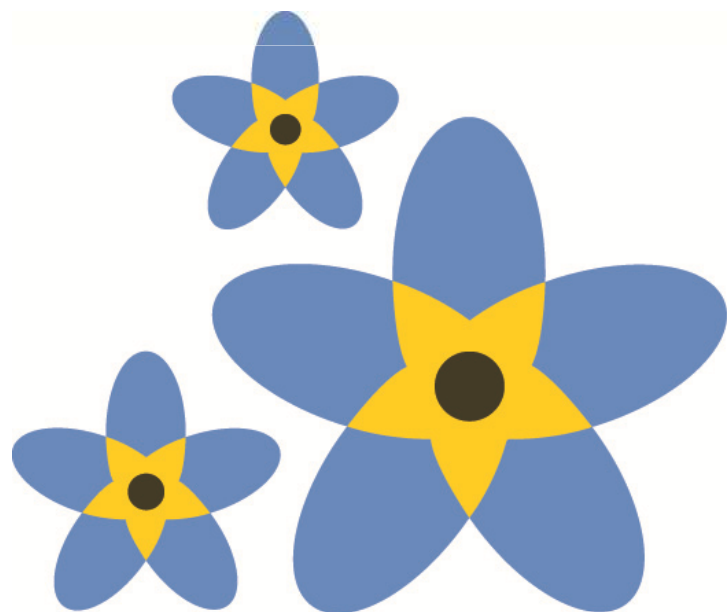
COMMUNITY AWARENESS CAMPAIGN

To challenge the myths surrounding dementia and help people understand how they can make life better for individuals with dementia in their community.



RECOGNITION SCHEME

- A community (with an identified lead person) can register with the scheme.
- That community can issue the recognition logo to any business or organisation that demonstrates how they will become more dementia-friendly.
- Surrey is registered as a whole community.



Working to become
**Dementia
Friendly**

PEER SUPPORT

- There are gaps in peer support across Surrey.
- 6 groups meet in Reigate and Banstead. Most meet once per month.
- Four are for carers only.

Filling gaps:

- Commissioning services.
- Supporting care homes, churches, community groups, former carers, and others to establish local groups.



CHAMPIONS


15 individuals and 35 groups/organisations/services county wide.
2 Champions from Reigate and Banstead.

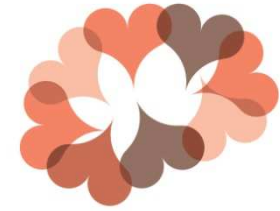
Examples:

Dentist - North West Surrey

- Encouraging the wider community to become a dementia-friendly village. Links with business forum and other local groups used to set up community meeting.
- Ensuring staff are trained and encouraging other dental practices to train their staff.

Health Club- Guildford

- Offer a free exercise and nutrition session for people living with dementia and their carers.
 - Provide myth busting information at regular coffee mornings.
 - Provide myth busting information to members having a health check.
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BENEFITS

Supporting people to live independently and safely at home resulting in reduction in avoidable admissions and less time needed in residential or hospital care.

Greater awareness - supporting increase in presentation to primary care and diagnosis rate.

Reduced social isolation and improved wellbeing of the person with dementia and carers.

Benefits for the wider community including older people, families with children, people with other disabilities.



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